



AVALON GUEST HOUSE

Breakfast Menu (Menu per Person)

Name: _____ Room no.: _____ Time served: _____

- | | | | | |
|---------------------|--------------------------|-------------------|--------------------------|---------------------|
| <u>FRUIT JUICE</u> | <input type="checkbox"/> | Orange | <input type="checkbox"/> | Whispers Of Summer |
| <u>FRUIT</u> | <input type="checkbox"/> | Fresh Fruit Salad | <input type="checkbox"/> | Stewed Prunes |
| <u>YOGHURT</u> | <input type="checkbox"/> | Low Fat | <input type="checkbox"/> | Fat Free |
| <u>CEREAL</u> | <input type="checkbox"/> | Corn Flakes | <input type="checkbox"/> | Rice Krispies |
| | <input type="checkbox"/> | Weet-Bix | <input type="checkbox"/> | Muesli |
| <u>PORRIDGE</u> | <input type="checkbox"/> | Oats | | |
| <u>MILK</u> | <input type="checkbox"/> | Warm | <input type="checkbox"/> | Cold |
| | | | | |
| <u>EGGS</u> | <input type="checkbox"/> | Sunnyside Up | <input type="checkbox"/> | Up & Under |
| | <input type="checkbox"/> | Scrambled | <input type="checkbox"/> | Poached |
| | <input type="checkbox"/> | Boiled – soft | Medium | Hard |
| <u>OMELET</u> | <input type="checkbox"/> | Cheese | <input type="checkbox"/> | Beef Mince |
| | <input type="checkbox"/> | Mushroom | <input type="checkbox"/> | Tomato & Onion |
| <u>MEAT</u> | <input type="checkbox"/> | Bacon | <input type="checkbox"/> | Savoury Mince |
| | <input type="checkbox"/> | Minute Steak | <input type="checkbox"/> | Beef Sausage |
| <u>FRIED</u> | <input type="checkbox"/> | Tomato | <input type="checkbox"/> | Mushroom |
| <u>FRENCH TOAST</u> | <input type="checkbox"/> | Plain | <input type="checkbox"/> | Baked Beans & Bacon |
| | <input type="checkbox"/> | Sweetcorn | | |
| <u>TOAST</u> | <input type="checkbox"/> | White | <input type="checkbox"/> | Brown |
| <u>TEA</u> | <input type="checkbox"/> | Plain | <input type="checkbox"/> | Rooibos |
| <u>COFFEE</u> | <input type="checkbox"/> | | | |
| <u>MILK</u> | <input type="checkbox"/> | Warm | <input type="checkbox"/> | Cold |